



# NOA

THINGS ARE NOT ALWAYS WHAT THEY SEEM...

PAULINE  
ZOÉ

[WWW.PAULINEZOE.COM](http://WWW.PAULINEZOE.COM)



“ THIS SHOW IS A MASSAGE FOR OUR SPIRIT, FOR OUR EGO. ”

“ THANK YOU FOR THE SHOW. IT CHANGED SOMETHING INSIDE ME. ”

“ THERE WAS A BEFORE AND AN AFTER. ”

# NOA

PAULINE ZOÉ



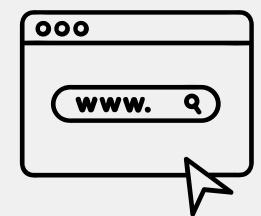
THINGS ARE NOT ALWAYS WHAT THEY SEEM...



PAULINE IS A BELGIAN ARTIST BASED IN BRAZIL AND BARCELONA, WORKING ACROSS MULTIPLE DISCIPLINES WITH A FOCUS ON CONTEMPORARY CIRCUS AND PHYSICAL THEATRE. HER ARTISTIC RESEARCH EXPLORES THE POETRY OF MOVEMENT AND THE INTIMATE RELATIONSHIP BETWEEN THE BODY, THE SCENIC OBJECT, AND SPACE, CREATING PERFORMANCES THAT ARE SENSORY AND REFLECTIVE EXPERIENCES."

# PAULINE ZOÉ

@pauline\_zoe\_circo

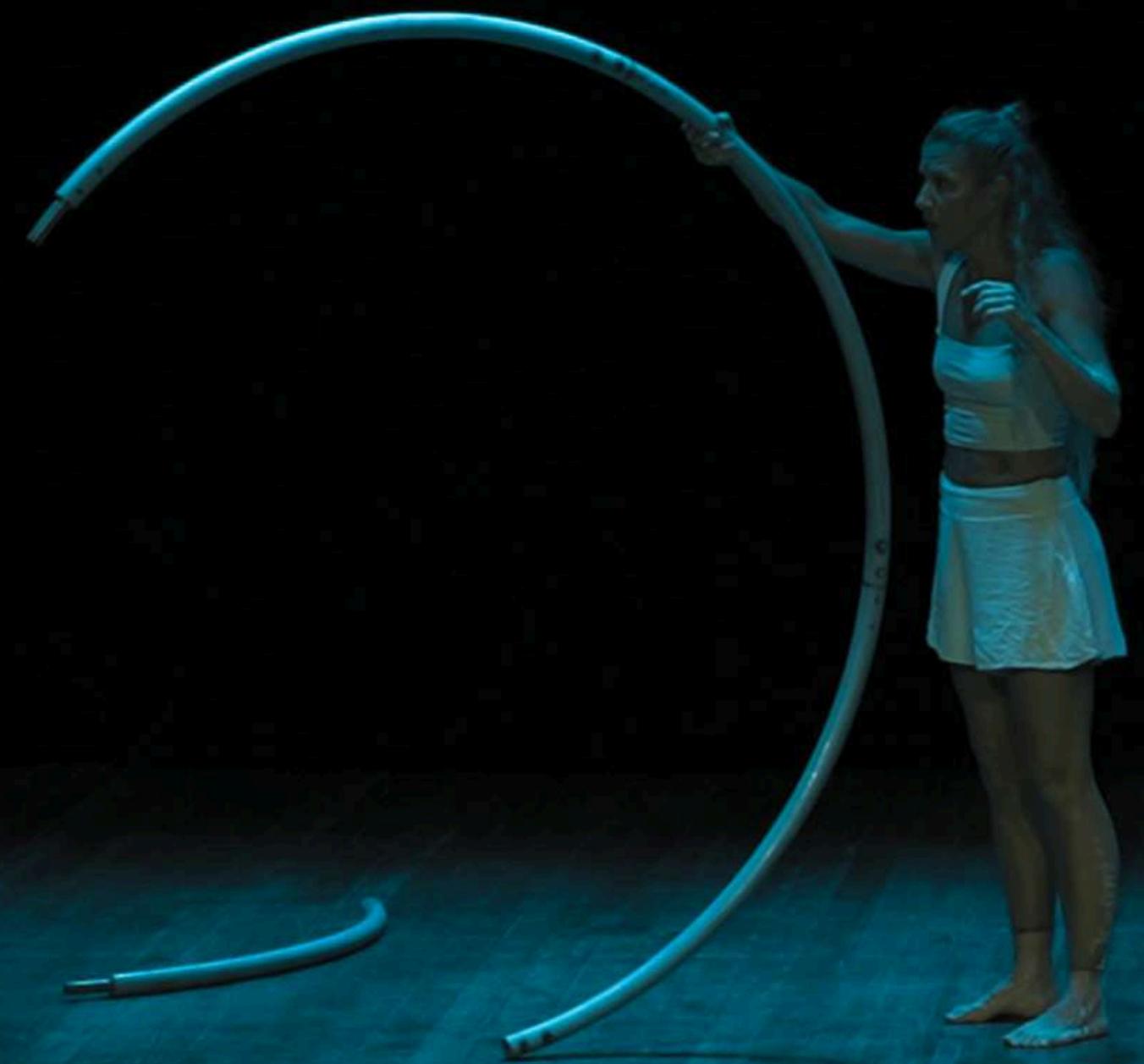


IN “NOA”, PAULINE LEADS THE AUDIENCE ON A VISCERAL JOURNEY THROUGH THE CYCLES OF LIFE, BLENDING CIRCUS, DANCE, AND PHYSICAL THEATRE. USING HULA HOOPS AND A CYR WHEEL, THE ARTIST TRANSFORMS SCENIC OBJECTS INTO METAPHORS OF CONSTRUCTION AND DECONSTRUCTION, SHOWING HOW BIG DREAMS ARE BUILT FROM MANY PIECES AND REQUIRE OTHER HANDS TO BE COMPLETED.

THE PERFORMANCE CELEBRATES THE COURAGE TO BEGIN AGAIN, PORTRAYING LIFE AS A WHEEL THAT ALWAYS RETURNS TO ITS STARTING POINT—BUT WITH NEW EYES. BETWEEN SOLITARY MOVEMENTS AND THE TRANSFORMATIVE STRENGTH OF COMMUNITY, “NOA” REVEALS THE WISDOM OF UNDERSTANDING THAT EVERY ENDING IS MERELY THE CURVE TOWARD A NEW BEGINNING.



## SYNOPSIS



“LIFE IS A CONSTRUCTION.  
PIECE BY PIECE,  
GESTURE BY GESTURE,  
WE FIT TOGETHER WHAT WE’VE BEEN GIVEN.

SOMETIMES, A PIECE IS MISSING.  
OTHER TIMES, THERE’S TOO MUCH.  
AND BETWEEN THESE LACKS AND  
EXCESSES,  
WE FIND BALANCE...  
OR WE TRY TO.

EACH PIECE HAS ITS STORY.  
EACH CURVE, A MEMORY.  
AND TOGETHER, THEY FORM SOMETHING  
GREATER.”

# VIDEOS

▶ TEASER

▶ FULL VIDEO



# CREDITS



**DURATION:** 45 MINUTES

**TARGET AUDIENCE:** AGES 10 AND UP

**YEAR AND PLACE OF CREATION:** 2025, SALVADOR

**PREMIERE:** OCTOBER 2025 – SESC PELOURINHO THEATRE

**CONCEPT & PERFORMANCE:** PAULINE ZOÉ

**DRAMATURGY & DIRECTION:** PAULINE ZOÉ

**VOCAL COACH:** DANILO MATA

**LIGHTING BRAZIL:** GIULIANA ANDRADE

**LIGHTING EUROPE:** CÉLINE GALIN

**PRODUCTION:** NÚCLEO DE CIRCO

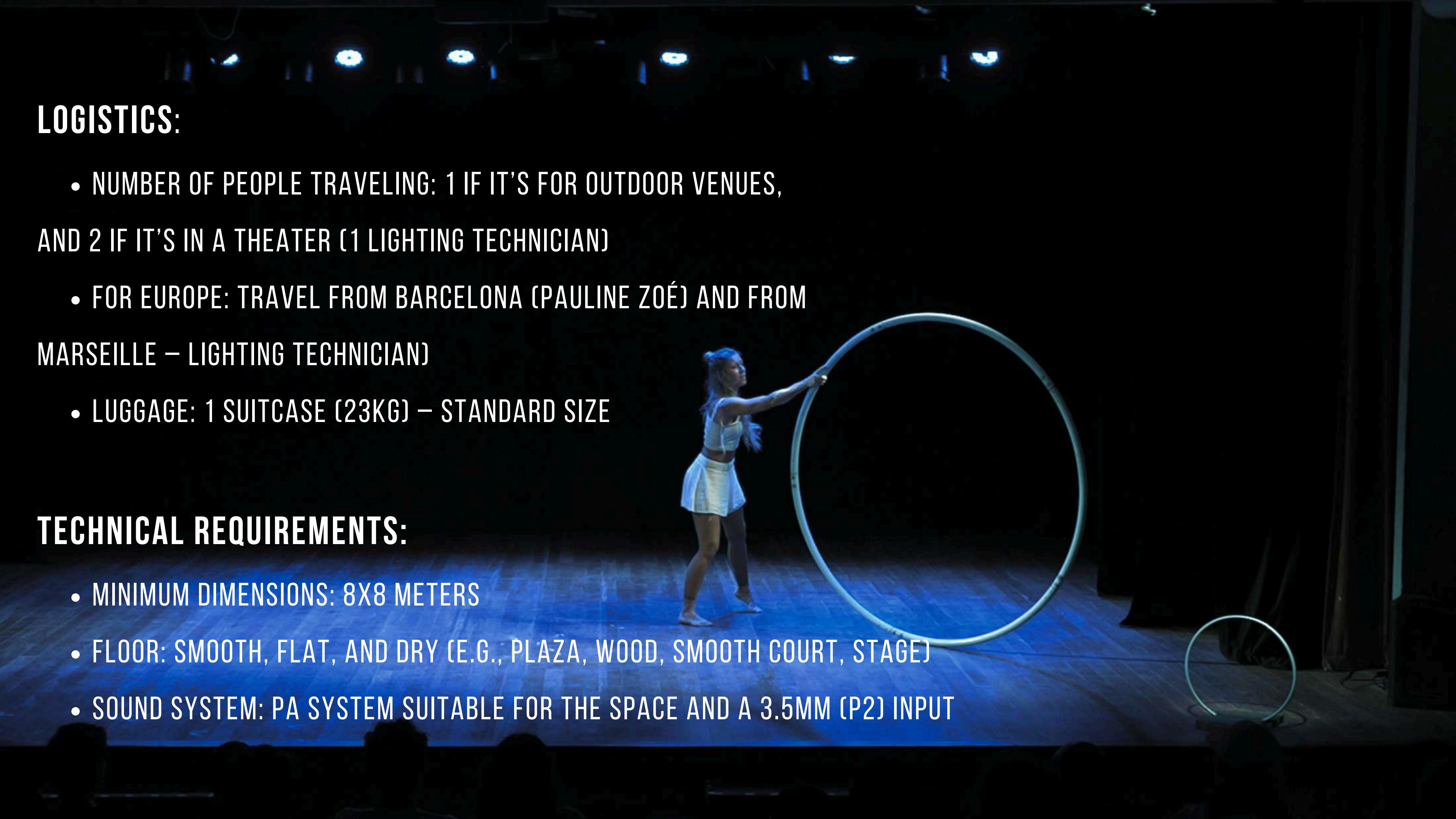
**SOUND TECHNICIAN:** SAULO PAQUELET

# LOGISTICS:

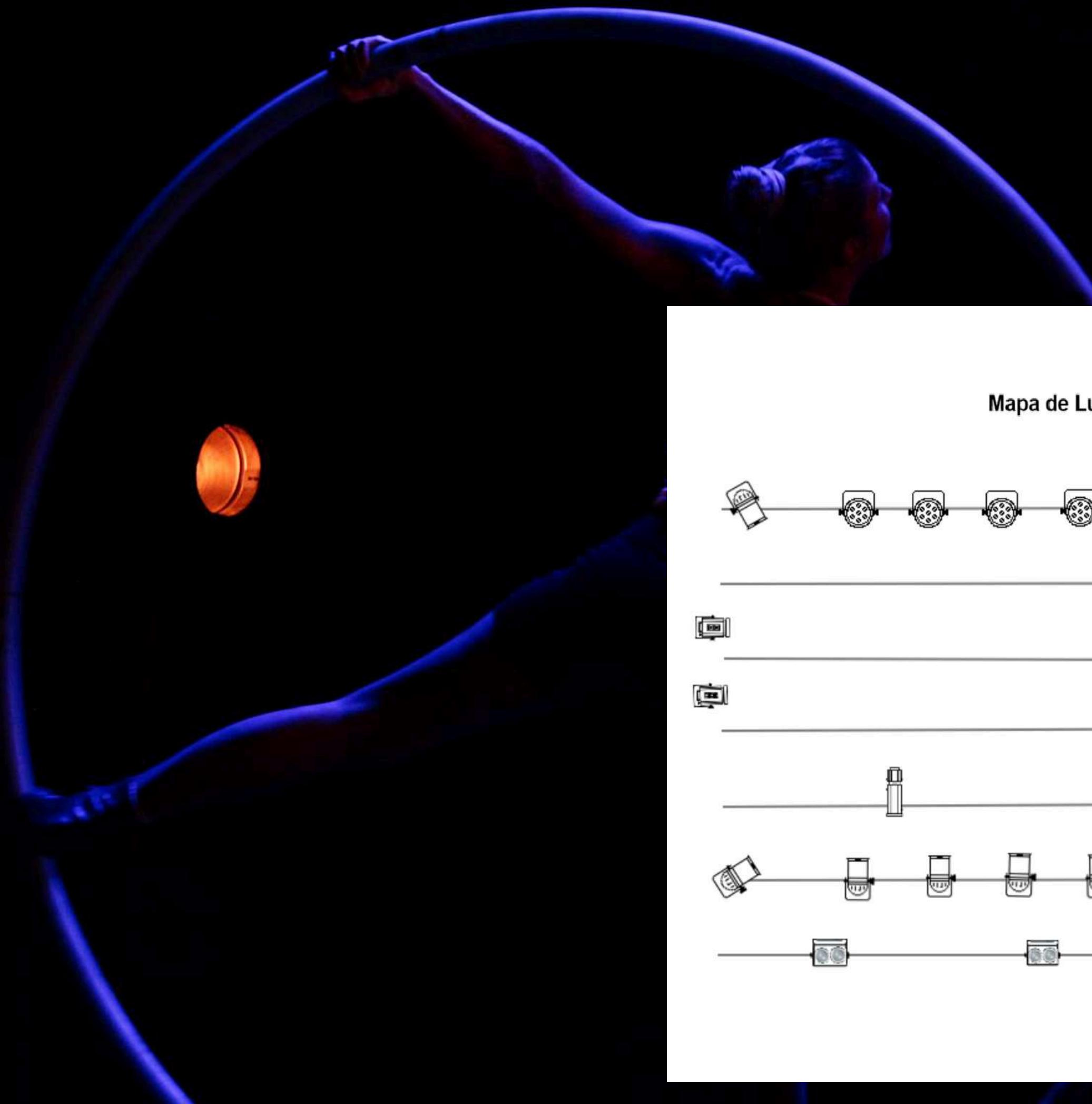
- NUMBER OF PEOPLE TRAVELING: 1 IF IT'S FOR OUTDOOR VENUES, AND 2 IF IT'S IN A THEATER (1 LIGHTING TECHNICIAN)
- FOR EUROPE: TRAVEL FROM BARCELONA (PAULINE ZOÉ) AND FROM MARSEILLE – LIGHTING TECHNICIAN)
- LUGGAGE: 1 SUITCASE (23KG) – STANDARD SIZE

# TECHNICAL REQUIREMENTS:

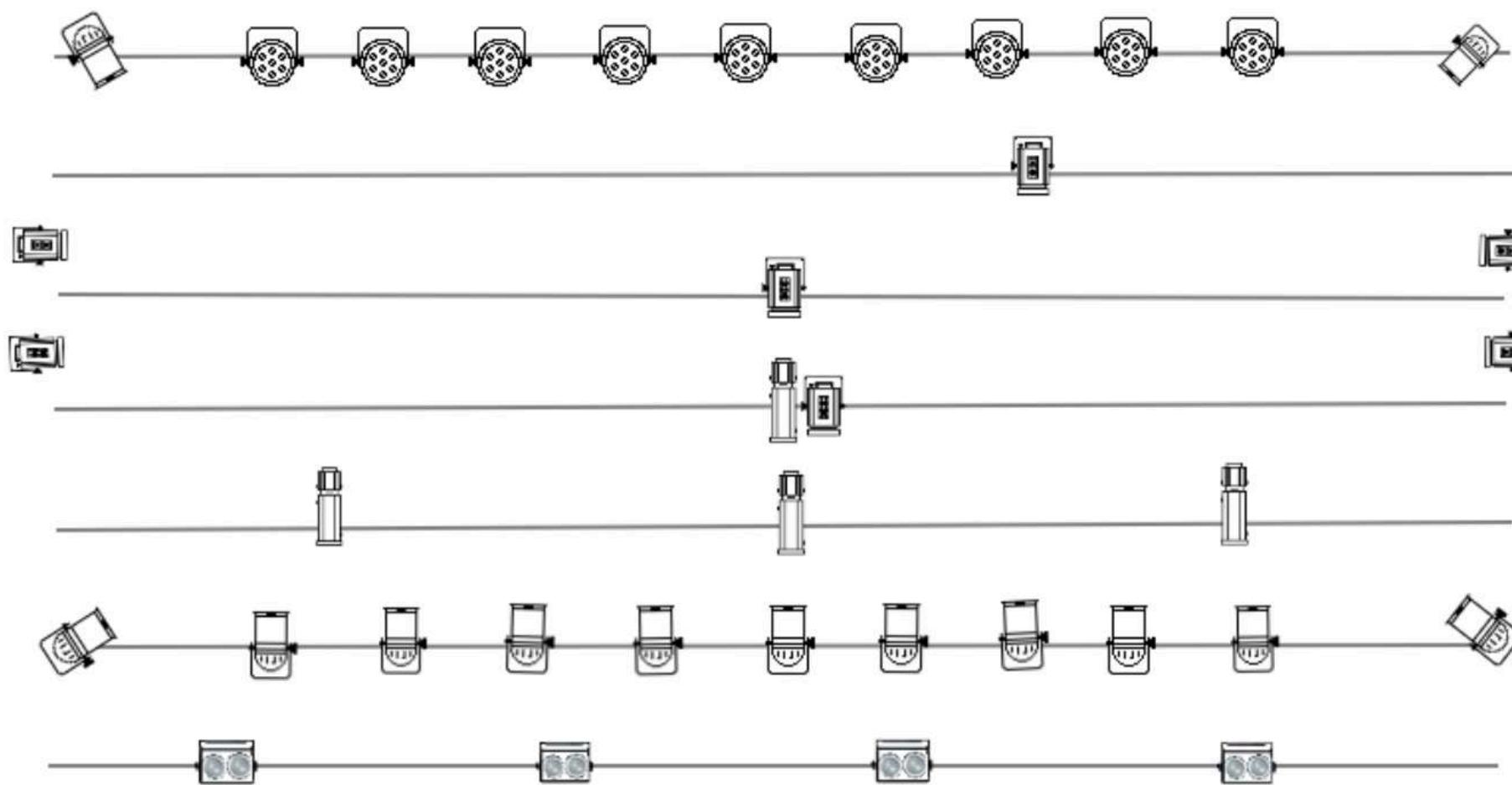
- MINIMUM DIMENSIONS: 8X8 METERS
- FLOOR: SMOOTH, FLAT, AND DRY (E.G., PLAZA, WOOD, SMOOTH COURT, STAGE)
- SOUND SYSTEM: PA SYSTEM SUITABLE FOR THE SPACE AND A 3.5MM (P2) INPUT



# LIGHTING PLOT



Mapa de Luz Espetáculo de Circo "NOA"



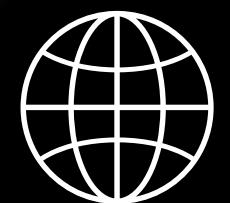
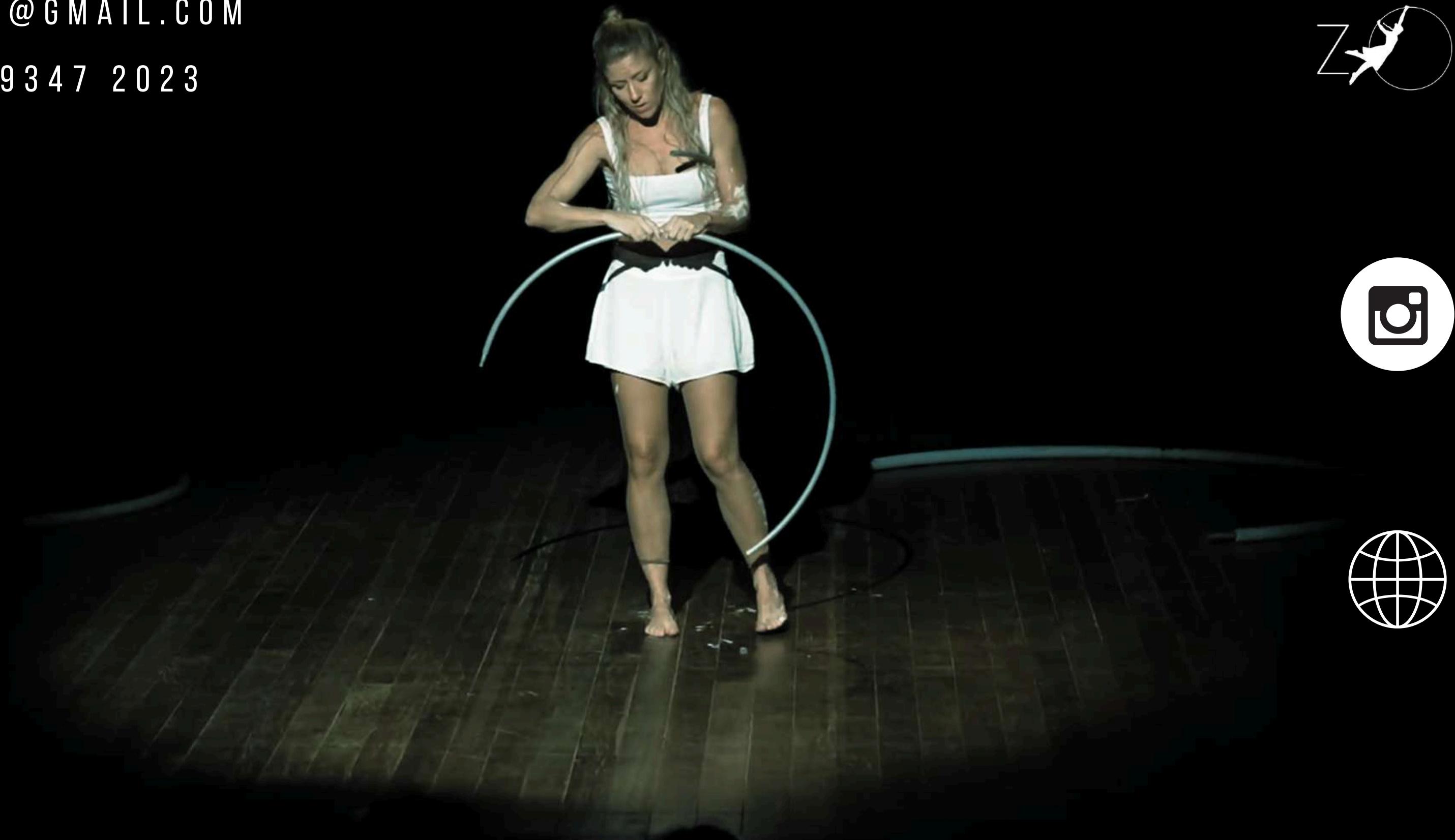
SIMBOLOGIA	
	<b>Foco Fresnel</b>
	<b>Foco Elipsoidal</b>
	<b>Foco Par 64</b>
	<b>Foco Par LED</b>
	<b>Foco Mini Brut</b>

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# WORKSHOPS

## 1. CYR WHEEL WORKSHOP (BEGINNER AND ADVANCED LEVELS)

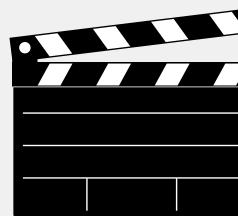
A WORKSHOP ADAPTED FOR ALL SKILL LEVELS, FROM INTRODUCTORY BASICS TO ADVANCED CYR WHEEL TECHNIQUE REFINEMENT.

## 2. INTRODUCTION TO HOOP DANCE

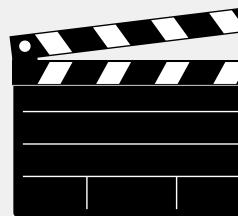
DESIGNED FOR ADULTS WITH NO PRIOR EXPERIENCE, THIS WORKSHOP COVERS THE FUNDAMENTALS OF MOVEMENT, TRICKS, AND CONNECTING WITH ONE OR MULTIPLE HOOPS.

## 3. ADVANCED HOOP WORKSHOP

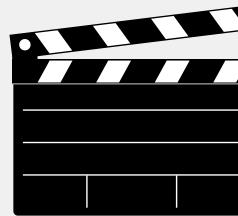
DEEPEN YOUR HOOP ARTISTRY. THIS WORKSHOP IS DESIGNED FOR THOSE WITH PRIOR EXPERIENCE AND FOCUSES ON COMPLEX TECHNIQUES SUCH AS MANDALA POSES, OFF-BODY BALANCES, AND INTEGRATING ACROBATICS WITH THE HOOP.



SESC - CYR WHEEL  
WORKSHOP



VIDEO OFICINA DE RODA CYR  
BELO HORIZONTE



OFICINA  
"CIRCO PARA TODOS"





OTHERS SHOWS